

## Health and PE Week – best practice competition for schools

During Health and PE week, the Australian Council for Health, Physical Education and Recreation, Victorian Branch will be holding competition for schools who run specific Health and PE programs.

### The competition.

Create a [Health and PE Week program](#) for your school that promotes awareness and gets students, teachers and parents involved in health and physical education or school sport.

### What you need to do

1. Go to the Health and PE Week section of the Activate Your School website and download the 'Big ideas' for inspiration.
2. Check out the [sample Health and PE Week plans](#).
3. [Download the Health and PE week plan template](#).
4. Develop you school's plan.
5. Run your Health and PE Week program from 11-15 October 2010.
6. Submit your entry.

### The categories

- Primary
- Secondary

### The booty\*

**1<sup>st</sup> prize** \$500 for the school's HPE program  
\* \$500 will be awarded in each category

Prizes proudly supplied by **Fitnessworx for Schools** specialising in activity programs with a difference.  
Go to [www.fitnessworx.com.au](http://www.fitnessworx.com.au) for more information.



### The judging criteria

- Number of activities undertaken during Health and PE Week.
- Number of students involved in Health and PE Week.
- Evidence of curriculum links.
- Level of community involvement in and awareness of the school's Health and PE Week activities.
- Positive health outcomes for the school and students.
- Creativity.

### Due date

- All entries must be received by the Branch by close of business Friday 22 October 2010.

### How to enter

- Complete this entry form.
- Attach a copy of your Health and PE Week program
- Send to: Suite 1, 651 Victoria St Abbotsford VIC 3067 or to [achper@achper.vic.edu.au](mailto:achper@achper.vic.edu.au)

### Terms and conditions

- Schools may only enter once.
- Winners announced on Thursday 25 November 2010 at the ACHPER Victorian Branch Conference.
- The Branch's decision regarding competition winners is final.
- All entries must be accompanied with this entry form and a copy of the schools HPE Week program to be considered in the competition.

### Entry form

This entry form must be completed and submitted **with a copy of the school's Health and PE Week program in the ACHPER Victorian Branch format** each entry to Suite 1, 651 Victoria St Abbotsford VIC 3067 or to [achper@achper.vic.edu.au](mailto:achper@achper.vic.edu.au)

School contact name

School

Address

Email

Contact number

Number of students involved in Health and PE Week activities

Brief description (max 500 words) of the positive health outcomes for the school and students (please attach additional pages if required)